

# Chiropractic co-management of a patient with a blocked tear duct: A case report

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**Objective:** To describe chiropractic co-management of a patient presenting with a blocked tear duct.

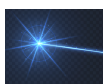
**Clinical Features:** A 61-year-old female presented October-2019 complaining of constant left eye tearing since early September-2019 due tear-duct blockage, visualised on CT scan. Prior ENT-allopathic assessments prescribed steroids and antibiotics offering minimal improvement. Subsequent recommendations consisted of surgery for an *ethmoidectomy* with *dacryocystorhinostomy*.

**Intervention:** Chiropractic care (8 treatments) instituted October/December-2019 consisting of craniofacial/TMJ therapies: Van Rumpft and DeJarnette (Sacro Occipital Technique-SOT) cranial procedures, Nimmo TMJ myofascial release, and nasal specific balloon therapy. SOT pelvic block procedures (category one) and Van Rumpft cervical adjusting were performed at some office-visits.

**Outcome:** After the first office-visit she reported feeling better with less tearing for the first time since early September-2019. At the second-visit patient reported her eye was not tearing and at the third-visit (10-days later) reported some exacerbation of the tearing. From early November-2019 through the last office visit mid-December-2019 she reported no tearing and at a follow-up phone consultation September-2020 noted no return of her prior condition.

**Conclusion.** This report suggests that a subset of patients with tear duct blockage might benefit from chiropractic/allopathic co-management, and further study is indicated.

**Indexing terms:** Chiropractic; ovarian cyst; LBP; Van Rumpft cranial therapy; sacro-occipital technique.



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