

# Chiropractic care of a 6-year-old male child presenting with severe eye trauma: A case report

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**Introduction:** Eye trauma that causes the loss of vision in one eye for a young child can be devastating and finding any possible avenue for help is something all healthcare providers would want to investigate. A 6-year-old male child presented with his parents wearing an eye patch on his right eye. Apparently while playing in his back yard, he found a rusty knife on the ground, threw it at a tree, and it bounced off and hit him in his right eye obliterating his lens, damaging his cornea and retina. He was seen at *John Hopkins University* (JHU) Hospital and had 4 surgeries, told he would be blind in his right eye, and was monitored for 2 years without any treatment. After that time, glasses were begun to be prescribed.

**Methods:** Treatment included Directional Non-Force Technique, Sacro Occipital Technique, Applied Kinesiology, Clinical Kinesiology, and Ontological Kinesiology.

**Results:** Within 12 treatments during the first year of care he said to his father that he could detect movement, shapes and colours with his right eye. During treatment that has spanned over 7 years he has received 64 treatments, an average of 9 visits per year. While his vision was slowly improving at 6 years, at his parent's request, his visual acuity was re-tested at 20/125. Seven months later with glasses he measured at 20/70. At this time (2023) he is now a star pitcher in Little League and travelling baseball teams striking out 17 of 19 batters and is the 2<sup>nd</sup> or 3<sup>rd</sup> best hitter on his team. He is also the leading scorer (scoring 1/3 of the team's points) on his basketball team.

**Conclusion:** While JHU referred to this patient as a '*statistical outlier*' the positive gradual improvement that began with chiropractic care and progressed over the years suggests a possible temporal relationship. Greater study is needed to determine if other children or adults with visual disturbances might be helped with this type of chiropractic intervention.

**Indexing terms:** Chiropractic; sacro-occipital technique; SOT; vision, eye-trauma, paediatrics



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