

Chiropractic care of a 7-year-old male child presenting with resolving encopresis: A case report [Abstract]

John Erickson

Indexing terms: Chiropractic; SOT; encopresis; Category Two; cranial.



Introduction:

The purpose of this case report is to share the chiropractic care of a 7-year-old male brought to the clinic by his grandmother with a chief complaint of encopresis for three years and learning difficulties. The condition caused significant distress for both the child and the family, affecting the child's social, emotional, and psychological well-being, causing him to feel embarrassed and humiliated. This patient had not been seen by another health care provider for this condition prior to being seen at this clinic.

Methods/Intervention:

Based on the postural, cranial, neurological and Sacro Occipital Technique (SOT) assessment he was categorised has have a category two (posterior sacroiliac joint instability) with cranial stress and imbalance. He was treated as a category two with the cranial 'basic two' procedure, treated for sphenobasilar symphysis cranial strain imbalance as well as with trans cranial therapy (TCT) low level laser.

Results:

The child's step-mother brought him in for a follow-up appointment two weeks later and reported that the patient has not had a single accident since his first adjustment and the two weeks was the longest period of time for him without having an accident. It was recommended that he return for care if there were any flare-ups or possibly for maintenance care. However since his second office visit the child has not returned for care at this office and it is presumed at this time that his condition has remained stable.

Conclusion:

It was compelling that prior to care his condition had been stable and unresponsive to watching and waiting, patient attempts to control his behaviour, and the use of laxatives. It is unclear what the specific mechanism might have been that helped this child and they could have been from reducing pelvic imbalance, improving cranial function, and stress reduction which may have had psychogenic contributions to his condition.

John Erickson

DC

Private Practice, Loveland, CO

<https://laserchirorockies.com/about-us/>

Cite: Erickson J. Chiropractic care of a 7-year-old male child presenting with resolving encopresis: A case report. [Abstract]. Asia-Pac Chiropr J. 2025;6.2. www.apcj.net/SOT-Abstracts-2025/#EricksonEncoparesis

About the practitioner



John Erickson DC is a 1997 graduate of Palmer Chiropractic College, Davenport. He and his lovely wife Michelle have six children. His practice in Loveland, Colorado and incorporates a multidisciplinary approach, currently incorporating sacro occipital technique (SOT) and SOT cranial techniques. Dr Erickson delivered his first research presentation at last's SOT Research Conference and continues to contribute.



Tap/click to download proceedings